

# From Women's Hearts and Hands Guitar Camp: January 13 - 16, 2023 – Mendocino, CA

Time	Friday	Saturday	Sunday	Monday
8:00 a.m. to 8:45 a.m.		Breakfast.	Breakfast.	Breakfast.
9:00 a.m. to 10:15 a.m.		<b>First Class:</b> 1. Teach Your Fingers to Sing Improv, (1 – 4) Harmony 2. Jazz Chord Theory & Practice, 'A Case of You' (3 – 4) Kay	<b>First Class:</b> 1. Teach Your Fingers to Sing Improv, (1 – 4) Harmony 2. Jazz Chord Theory & Practice, 'A Case of You' (3 – 4) Kay	Please fill out <u>Evaluation Form</u> then place it in Evaluation Form envelope  <b>Please depart by 10:00 a.m.</b>
10:30 a.m. to 11:45 p.m.		<b>Second Class:</b> 1. Rhythm and Grooves, (1– 4) Harmony 2. Beginning Finger Picking: Technique (2 – 4) Kay	<b>Second Class:</b> 1. Rhythm and Grooves, (1– 4) Harmony 2. Beginning Finger Picking: Repertoire (2 – 4) Kay	
12:00 p.m. to 1:00 p.m.		Lunch. Focused Discussion.	Lunch.	
1:15 p.m. to 2:30 p.m.		<b>Third Class:</b> 1. Easy Jazz, 'When Sunny Gets Blue', (3 – 4) Harmony 2. Great Accompaniments: Bass Runs, (1 – 2) Kay	<b>Third Class:</b> 1. Easy Jazz, 'When Sunny Gets Blue', (3 – 4) Harmony 2. Great Accompaniments: Bass Runs, (1 – 2) Kay	
2:45 p.m. to 3:30 p.m.		Ensemble Rehearsal, 2 ('What the World Needs Now')	Ensemble Rehearsal, 3 ('What the World Needs Now')	
4:00 p.m. to 4:45 p.m.	4:30 p.m. Welcome! Enjoy the Easy Jam.	Seminar: Giving Voice: A New Way to Share Our Music (1 – 4) H Understanding the Guitar Fretboard (1 – 4) Kay	4:00 p.m. – <b>GROUP PHOTO on Back Porch.</b>	
5:00 p.m. to 6:00 p.m.		<b>Free Time.</b> RELAX! Write a song. Rehearse for tonight's show. Hike. Nap. Jam. Walk to beach Please maintain our Covid-Safe Bubble.	4:30 p.m. – <b>Free Time.</b> RELAX! Write a song. Rehearse for tonight's show. Hike. Nap. Jam. Walk to beach. Please maintain our Covid-Safe Bubble.	
6:00 p.m. to 6:45 p.m.	Dinner.	Dinner.	Dinner.	
7:00 p.m. to 10:00 p.m.	1. Describe Classes. 2. Welcome Circle. 3. Music Warm-up. 4. Ensemble.	7:00 p.m. Open No-Mic: Share A Favorite Song. (Accompaniment and help available.) <b>Beginners Welcome to perform!</b> 8:30 p.m. Facilitated Jam.	7:00 p.m.: Open No-Mic: If possible, incorporate something you learned. After-Show Jam!	
11:00 p.m.	<b>Quiet Time.</b>	<b>Quiet Time.</b>	<b>Quiet Time.</b>	

We believe that you will be happiest if you attend classes that match your level of experience. Nevertheless, you may attend any class you want. When a class includes students of varying levels, we will teach it at the level for which it is designated. ***Please note that the number code indicates the minimum level of experience we believe necessary for you to enjoy the class fully, NOT the maximum beyond which you will find nothing of interest.***

## Please help by observing the following guidelines:

1. Please tune your guitar before class.
2. Leave your guitar case in the designated area.
3. Please do not touch anyone else's guitar without her permission.
4. Before breakfast, every day, please test yourself for Covid.
5. If you test positive for Covid, immediately inform Kay or Harmony.
6. When you are indoors, please wear a good quality mask (except in your bedroom).
7. If you leave camp, please maintain social distance from all non-campers.
8. Maintain peace and quiet between 11:00 p.m. and 8:00 a.m.
9. If the pay phone rings, please answer, and find the camper being called.
10. Help arrange chairs for evening programs (we'll tell you what configuration).
11. Bring wood from wood box outside living room door and place it near the fire ring.
12. Help stoke the fire when necessary (i.e., when you feel cold).
13. After meals, please bring your dishes and utensils to the kitchen clean-up crew.
14. Before leaving, please complete Evaluation Form, and deposit in envelope.

**Relax and Enjoy!**